



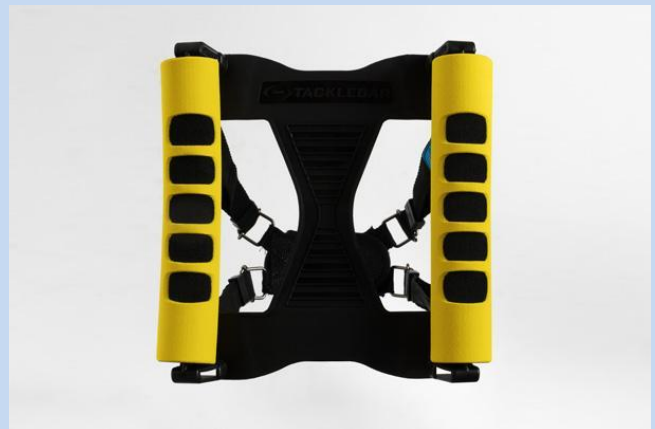
This year, BYF will implement TackleBar football at the 3rd Grade level. TackleBar Football is a safer approach to the game that preserves the tradition and spirit of the sport. Players wear traditional football equipment, plus a TackleBar harness that holds two foam bars across the lower back. The defender must track and engage with proper form tackling technique while wrapping the ball carrier and ripping a bar from the harness. With this approach, players stay on their feet rather than taking the ball carrier to the ground.

WHY TACKLEBAR FOOTBALL?

- ✓ Decreases injuries by reducing hits and high impact collisions
- ✓ Teaches proper shoulder tackling technique
- ✓ Ideal transition between flag football and tackle football
- ✓ Increases participation

With current medical research recommending children wait until the age of 10 to begin playing tackle football*, TackleBar Football is an ideal transition between flag football and tackle football. TackleBar Football works to eliminate the big hits and the high impact collisions. TackleBar Football is increasing youth participation numbers by easing parent fears and making the game accessible and fun for kids of all ages and sizes.

* Boston University, September 2017



Rules of TackleBar Football

Defense:

- ✓ No tackling or throwing players to the ground.
- ✓ No helmet initiated contact.
- ✓ Players may never leave their feet to launch or dive into another player.
- ✓ Defenders should track and engage with proper form tackling technique while wrapping the ball carrier and ripping a bar from the harness. (It is not a penalty if the ball carrier inadvertently goes to the ground during this action. However, contact that deliberately takes the ball carrier to the ground with force may be penalized.)

Offense:

- ✓ No weight restriction for RB/QB.
- ✓ No helmet-initiated contact.
- ✓ Players may never leave their feet to launch or dive into another player.
- ✓ No blocking below the waist.

If a TackleBar or a harness falls off, the ball carrier is down at the spot.

“Concerned about player safety, I stopped tackling in practices at St. John’s in 1971. TackleBar Football addresses these same safety concerns, while still ensuring that players learn the proper fundamentals. TackleBar Football is a safer option for our young players.”

~ JOHN GAGLIARDI — Former Head Coach at St. John’s University. 489 career wins-NCAA Record